

**Hamilton Wenham Regional High School
Health Office**

High School Screenings: School screening programs are mandated by Massachusetts state law and are designed to detect possible problems; however, they are not diagnostic. The following screenings are conducted annually:

Grade 9: Postural

Grade 10: Vision, Hearing, Height, Weight, BMI

Written referrals are sent home to parents/guardians for those students who do not meet the postural, vision or hearing screening test parameters.

Body Mass Index (BMI) percentage is the comparison of your student's height and weight to other students of the same gender and age. The BMI-for-age percentile growth charts are the most commonly used indicator to measure the size and growth patterns of children and teens in the United States. Parents/guardians are welcome to contact the school nurse to review findings.

****Please note, that if the parent/guardian wishes to have their student opt out of screening, they can provide written notification to the Health Office.**